

AAUW BALLWIN-CHESTERFIELD BRANCH

MUNCHING MATTERS Lunch with Food for Thought

Our Ballwin-Chesterfield Branch has been fortunate to have a large membership, with many members who have had interesting careers and experiences. At lunch one day, one member, Julie Triplett, came up with the idea of how interesting and fun it would be if members shared their stories as an “interest group” and what better time than at lunch? And so, Munching Matters was born.

Our first Munching Matters interest group meeting was held at a restaurant for lunch on November 14, 2018, and our first speaker shared with us her experience running for school board, especially interesting for those members who are school teachers.

Since then, we have scheduled four meetings a season-November, January, February, and March. Except for COVID, Munching Matters has been held these four months with speakers who are Ballwin-Chesterfield Branch members, sharing their careers and life experiences on a variety of subjects, such as adopting a child, teaching in a foreign country, having a heart transplant, and being an author and a lecturer, to name a few.